

# GREATER OMAHA COMMUNITY BREASTFEEDING RESOURCES

Find Support to Reach Your Breastfeeding Goals



Professional Lactation Support



Breastfeeding Supplies



Breastfeeding Support Groups



Breast Pump Rentals



Tele-lactation



Milk Depot



Breastfeeding Classes

Breastfeeding Resources (Health Systems)	Phone Number	Contact Information	Types of Services Offered
<b>CHI Health</b> Bergan Mercy Immanuel Lakeside Mercy (Council Bluffs)	(402) 398-6095 (402) 572-3868 (402) 717-8216 (712) 325-2525	 <a href="http://chihealth.com">chihealth.com</a>	   
<b>Children's Nebraska</b>	(402) 955-6152	 <a href="mailto:lactation@childrensnebraska.org">lactation@childrensnebraska.org</a>	 
<b>Methodist Hospital</b> Jennie Edmundson Hospital (Council Bluffs)  Women's Hospital	(712) 396-7017  (402) 815-1528	 <a href="http://bestcare.org/specialties/lactation">bestcare.org/specialties/lactation</a>  <a href="mailto:MJE.WomensServices@nmhs.org">MJE.WomensServices@nmhs.org</a>  <a href="mailto:lactationconsultants@nmhs.org">lactationconsultants@nmhs.org</a>	      
<b>Nebraska Medicine</b>	(402) 552-3487	 <a href="http://nebraskamed.com">nebraskamed.com</a>	    

Know your Breastfeeding Rights: [nebreastfeeding.org/resources/for-breastfeeding-advocates.html](http://nebreastfeeding.org/resources/for-breastfeeding-advocates.html)

Find Breastfeeding Help in Nebraska: [nebreastfeeding.org/resources/for-parents.html](http://nebreastfeeding.org/resources/for-parents.html)

## WIC Lactation Support



Call (402) 444-1770 for inquiries.

For more information about WIC Location visit:

[tinyurl.com/WIC-Lactation](http://tinyurl.com/WIC-Lactation)

For a complete list of WIC locations visit:

Douglas County: [tinyurl.com/WIC-Locations-Douglas-County](http://tinyurl.com/WIC-Locations-Douglas-County)

Sarpy County: [tinyurl.com/WIC-Locations-Sarpy-County](http://tinyurl.com/WIC-Locations-Sarpy-County)

<b>UNMC Olsen Center for Women</b> 600 South 42nd St. Omaha, NE 68105 (402) 559-4500	<b>OneWorld WIC</b> 4920 South 30th St. #103 Omaha, NE 68107 (402) 734-2028	<b>West Omaha WIC</b> 4203 S. 120th St. Omaha, NE 68137 (402) 444-6800	<b>Midtown WIC</b> 1941 South 42nd St. #225 Omaha, NE 68105 (402) 444-4082	<b>Charles Drew Health Center WIC</b> 2112 N. 30th St. Omaha, NE 68111 (402) 451-3130
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Breastfeeding Resources (Community-based)	Phone Number	Contact Information	Types of Services Offered
Breastfeeding Support of Omaha Facebook Group		<a href="https://www.facebook.com/BreastfeedingSupportofOmaha">BreastfeedingSupportofOmaha</a>	
Essential Breastfeeding Support	(402) 383-1746 (call/text)	<a href="http://essentialbreastfeedingsupport.com">essentialbreastfeedingsupport.com</a> <a href="mailto:contact@essentialbreastfeedingsupport.com">contact@essentialbreastfeedingsupport.com</a>	
The Lactation Ladies	(402) 322-2935 (call/text)	<a href="http://thelactationladies.com">thelactationladies.com</a> <a href="mailto:thelactationladies@gmail.com">thelactationladies@gmail.com</a>	
La Leche League of Nebraska	(402) 413-1250	<a href="http://lllofne.org">lllofne.org</a>	
Malone Maternal Wellness	(402) 522-6384 (call/text)	<a href="http://malonecenter.org/maternal-wellness">malonecenter.org/maternal-wellness</a>	
MilkWorks	(402) 502-0617	<a href="http://milkworks.org">milkworks.org</a> <a href="mailto:omaha@milkworks.org">omaha@milkworks.org</a>	
Nurture Omaha	(402) 915-1559 (call/text)	<a href="http://nurtureomaha.com">nurtureomaha.com</a> <a href="mailto:nurtureomaha@gmail.com">nurtureomaha@gmail.com</a>	
TenderTouch Lactation Services	(531) 329-0604 call/text	<a href="http://tendertouchlactation.services">tendertouchlactation.services</a> <a href="mailto:mckenzie@tendertouchlactation.services">mckenzie@tendertouchlactation.services</a>	
Touch of Gold	(402) 686-7468 (call/text)	<a href="http://touchofgoldcare.org">touchofgoldcare.org</a> <a href="mailto:info@togcare.org">info@togcare.org</a>	