

patient education

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Glucagon/dasiglucagon

<u>Glucagon</u> is a hormone that is produced in the pancreas by the alpha cells. It acts as a messenger in the body to cause stored sugars to be released from the liver. It is available as a shot and an intranasal device.

<u>Dasiglucagon</u> is a medication similar to glucagon that is used to treat a very low blood sugar.

When do I use glucagon/dasiglucagon? Give glucagon/dasiglucagon when your child is having a low blood sugar causing:

- Seizures (uncontrolled movements)
- Unconsciousness (your child is unable to wake up)
- Your child is unable to drink safely (could choke)

When in doubt give glucagon/dasiglucagon!

<u>How do I use glucagon/dasiglucagon?</u> Each kind of glucagon/dasiglucagon is listed below with details on how to use.

Always check a blood sugar before use, if possible. It is not necessary to clean the skin before giving any of the shots.

Glucagon or Glucagen Kit (intramuscular glucagon shot):

- 1. Remove cap from the bottle.
- 2. Uncover the needle and put through the rubber stopper of the bottle.
- 3. Push in fluid.
- 4. Gently swirl the bottle until powder completely dissolved.
- 5. Turn the bottle upside down. Draw out the amount the doctor has ordered:
 - 0.5 mg (or 0.5 mL) if less than 50 pounds 1 mg (or 1 mL) if over 50 pounds
- 6. Inject the Glucagon into the outer-middle thigh or upper arm.

Gvoke Pre-Filled Syringe (subcutaneous glucagon):

Gvoke should not be used in children under the age of 2 years

- 1. Remove cap from the needle.
- 2. Pinch skin on stomach, outer thigh or upper arm and inject Gvoke (just as you would an insulin shot).
- Use the 0.5 mg device if less than 99 pounds Use 1 mg device if 99 pounds or over

Gvoke Autoinjector (subcutaneous glucagon):

Gvoke should not be used in children under the age of 2 years

- 1. Pull red cap off.
- 2. Push yellow end down on the skin of the stomach, outer thigh or upper arm and hold for 5 seconds. The window should turn red.
- Use the 0.5 mg device if less than 99 pounds Use 1 mg device if 99 pounds or over

Gvoke Kit (subcutaneous glucagon shot):

Gvoke should not be used in children under the age of 2 years

- 1. Remove blue cap from the bottle.
- 2. Tear open the pouch and remove the syringe.
- 3. Uncover the needle and put through the rubber stopper of the bottle.
- 4. Turn the bottle upside down. Draw out the amount the doctor has ordered.
 - 0.1 mL (0.5 mg) if less than 100 pounds 0.2 mL (1 mg) if more than 100 pounds
- 5. Pinch skin on stomach, outer thigh or upper arm and inject Gvoke (just as you would an insulin shot).

Baqsimi (intranasal glucagon):

Bagsimi should not be used in children under the age of 4 years

- 1. Remove the shrink wrap.
- 2. Open the tube and remove the device.
- 3. Hold device between fingers sand thumb do NOT push the plunger yet.
- 4. Insert tip gently into one nostril until fingers touch the outside of the nose.
- 5. Push plunger firmly all the way in. The green line should disappear.
- 6. Roll your child to their side in case of vomiting.
- 7. If your child is not awake within 15 minutes, give a second dose using a new device or call 911.

Zegalogue Prefilled Syringe (subcutaneous dasiglucagon)

Zegalogue should not be used in children under the age of 6 years

- 1. Remove cap from the needle.
- 2. Pinch skin on stomach, outer thigh or upper arm and inject Zegalogue at a 45 degree angle.

Zegalogue Autoinjector (subcutaneous dasiglucagon):

Zegalogue should not be used in children under the age of 6 years

- 1. Remove the gray cap.
- 2. Push down yellow end down on the skin of the stomach, outer thighs or upper arm and hold for 10 seconds. The window should turn red.

Treatment after glucagon/dasiglucagon given:

- 1. Lay your child on their side after giving the medication in case they vomit.
- 2. Your child should start to wake up and respond within 10-15 minutes.

If your child is not awake in 15 minutes, give another dose of glucagon/dasiglucagon and call 911!

- 3. As soon as your child is awake and can swallow, start giving sugared fluids.
- 4. Recheck the blood sugar if less than 100, continue to give sugared fluids, similar to treating a low blood sugar.
- 5. Continue to check the blood sugar every 15 minutes until the blood sugar is over 100.
- 6. Once the blood sugar is over 100, give your child 15 grams of carbohydrate.
- 7. Continue to check the blood sugar every hour to make sure the blood sugar stays above 100.

Call the Diabetes Clinic (402-955-3871) after treatment and your child is awake and alert or with questions/concerns.

Helpful Tips:

- ALWAYS carry your child's form of glucagon/dasiglucagon with you/your child.
- Keep the medication at room temperature. DO NOT LEAVE IT IN THE CAR.
- Replace the medication if it is expired. However, if expired and you have no other option; still use it!
- Review the instructions each month.
- Only the Glucagon intramuscular injections can be given through clothing
- For Baqsimi, it will be absorbed even if your child is congested or unconscious.

If you have problems getting this medication from the pharmacy, contact the Diabetes Clinic at 402-955-3871