

Topic 6: Talking to Healthcare Providers

Since we know everyone learns in a different way, we are offering additional education resources for this topic. Please take some time to look at this helpful information.

Website Links

[Taking Charge of Your Medical Care \(for Teens\) - Nemours Kidshealth](#)

- Like learning to drive or managing finances, figuring out health care is part of becoming an independent adult. Here are some tips on what that involves — and why it matters



Video Links

<https://youtu.be/2aTlo1h8TNU>



<https://youtu.be/tvTuCndssuY>



The Doctor's Appointment Season 1, parts 1 and 2

- These 2 videos show a doctor's visit with an older teen and his mom using 2 different situations – one where mom takes control of the appointment and one where the teen meets with the doctor alone