

## Prior Authorizations & Referrals



As you know, neurogenic bladder doesn't just affect your urinary tract, it can affect many other aspects of your body and life. In addition to blood draws, your Urologist may also want to order the following tests to monitor your health:

- Blood and urine labs, urodynamic testing, and ultrasound to look for kidney function and how your bladder, ureters and kidneys are being affected by your neurogenic bladder.

Some tests may require a **prior authorization** (additional approval) from your insurance company before you can get them done. A prior authorization can take days to weeks for approval. If you are unsure if you need a prior authorization for a test or procedure, please call your insurance company and ask. If a prior authorization is needed, ask your doctor for help.

Your Urologist may also refer you to see other specialists, such as:

- Cardiologist (heart)
- Endocrinologist (hormone)
- Hematologist (blood)
- Nephrologist (kidney)
- Neurologist (brain)
- Optometrist or Ophthalmologist (eye)
- Psychologist or Psychiatrist (mental health)
- Pulmonologist (lung)



Some insurance plans require a referral to see a specialist. You can get the referral from your {enter specialist here} or Primary Care Provider (PCP). **IMPORTANT**—If your insurance plan requires a referral to see a specialist, and you do not get one, the insurance company may not to pay for the visit. You would then have to pay the bill on your own. If you are unsure if you need a referral, call your insurance company and ask.